

# Volleyball Alignment PowerPoint Script

## Developed August 2010

Slide 1 Alignment 101

Slide 2 Proper Alignment

- Occurs when all players, except the server, are in proper position within the teams playing area.

Slide 3 Proper Alignment Example

Slide 4 At the moment of serve

- No part of the body may be touching the floor outside the boundary lines
- All players shall be in correct serving order with no overlapping of adjacent players back-to-front or side-to-side at the instant the ball is contacted for the serve.
  - ❖ *On the Receiving Team all players must be on or inside the court boundary lines at contact of serve*
  - ❖ *On the Serving Team all players, except the server, must be on or inside the court boundary lines at contact of serve.*
  - ❖ *See Next Slide for Bullet #2*

Slide 5 Alignment visual

- ❖ *Use visual to explain positional faults*

Slide 6 R1/R2 Tips for Tracking Alignment

- Watch teams warm up - you will have a head start on who the setters are
- Realize that players can legally be in motion prior to the serve - your job is to determine if they are actually overlapping on contact of the serve
- For the serving team, overlapping can never occur with the Right Back
- Never give up. Keep studying and focusing and it will become easier.

Slide 7 Key Points to Know

- Only **adjacent players** are in jeopardy
- Determined by **feet on the floor** relative to feet of adjacent players

Slide 8 Alignment 201

Slide 9 R1 Methods for Tracking Serving Team Alignments

- Confirm position of the setters for BOTH teams prior to beckoning for serve - make it part of your "scanning" routine.
- Know key positions (setter and the opposite player or top players)
- Primary concern - are setters back or front row?
- Recognize potential back row hitters
- While scanning, see if all players are in the court area
- Look for libero replacement as you scan
- Don't get lazy about checking for overlapping on the serving team - **IT HAPPENS!**

#### Slide 10 R2 Methods for Tracking Receiving Team Alignments

- Familiarize yourself with the lineups
- Mark setters on your lineup cards – check, star, or circle
- Where is your setter(s), middles or star players
- Mentally record setter position at each loss of rally
- Give setter locations to the R1 prior to each game and throughout the match (if they request it)
- Check front row of serving team after each rotation
- Reference opposing setters to each other's position
- After one complete team rotation, know and find the similarities in the serve receive formations

#### Slide 11 R2 Methods for Tracking Receiving Team Alignments

- Watch the receiving team and listen for the serve
- Watch for a coach's "shift" of a rotation
- Be concise and clear when explaining where the overlap occurred. Was it a front-to-back or side-to-side overlap?
- Communicate the overlap to the coach and let him/her talk to their team
- Use "angles" formed by front or back row to visualize legality; also use court markings as indicators
- Anticipate receiving position immediately after substitutions and libero replacements - **Don't be caught off guard.**

#### Slide 12 Typical Types of Offense

- 4-2 - Setter always comes from the front row (4 potential hitters)
- 6-2 - Setter always comes from the back row (6 potential hitters)
- 5-1 - Setter plays all the way around (5 potential hitters)

#### Slide 13 Line up card

- ❖ *Make a line up card based on this information*

#### Slide 14 Starting Positions - Black Team (Receiving Serve)

- ❖ *#9 and Libero switch after line up checked.*

#### Slide 15 1<sup>st</sup> Serve Positions

- ❖ *#3 Setter 1st Server for Black Team (Rotated into serve)*

#### Slide 16 1<sup>st</sup> Serve – Actual Floor Positions

- ❖ *#3 Setter 1st Server for Black Team*
- ❖ *#10 and #11 are switching spots - Potential for overlap with Middle Blocker #12*

#### Slide 17 First Serve Clip (#5-1)

- ❖ *#3 (Setter) goes back to serve*
- ❖ *Potential for overlap also with Libero & #4 but they don't even move.*

#### Slide 18 Loss of Rally – Floor Positions Receiving Team

- ❖ *#3 (Setter) RB Position*
- ❖ *Watch for #11 (LF) to move past #12 or #10 overlap with Middle Blocker #12*

- ❖ *Biggest thing to watch for is #3 (RB) moving in front of #10 (RF)*

Slide 19 Receiving Team Clip (#5-2)

- ❖ *#3 (Setter) RB Position*
- ❖ *Watch for #11 (LF) to move past #12 or #10*
- ❖ *Potential for #3 (RB) to move in front of #10 (RF)*
- ❖ *Watch for #3 Setter (RB) to step in Front of #10 (RF) playing in Left corner.*

Slide 20 Loss of Rally #10 Serves - #5 Subs for #4

- ❖ *#10 Goes back to serve (RB)*
- ❖ *#5 Subs for #4 in Front Row (LF)*
- ❖ *Only real potential illegal alignment would be #11 and #12*

Slide 21 #10 Serves (#5-3)

- ❖ *#10 Goes back to serve (RB)*
- ❖ *#5 Subs for #4 in Front Row (LF)*
- ❖ *Only real potential illegal alignment would be #11 and #12*

Slide 22 Loss of Rally – Receiving Position

- ❖ *#12 is the Middle Blocker*
- ❖ *#3 is the backrow setter moving to position*
  
- ❖ *3 Potential Alignments*
- ❖ *All backrow players*
  - #11 & #3*
  - #11 & #12*

Slide 23 Receiving Team (#5-4)

- ❖ *#12 is the Middle Blocker*
- ❖ *#3 is the backrow setter moving to position*

Slide 24 Loss of Rally #12 Serves - #9 Replaces Libero

- ❖ *#12 Goes back to set (RB)*
  - #9 Replaces Libero in Front Row*
- ❖ *Potential Illegal Alignments*
  - #3 & #10 (Setter moving into position)*
  - #9 & #5 (CF moving to outside hitter)*

Slide 25 #12 Serves (#5-5)

- ❖ *#12 Goes back to serve (RB)*
- ❖ *#9 Replaces Libero in Front Row*

Slide 26 Loss of Rally Receiving Position – Libero Replaces #12

- ❖ *Libero replaces #12 in RB position*
- ❖ *#3 (LB) backrow setter is hiding before moving into position*
- ❖ *#9 (LF) is middle blocker*
- ❖ *#5 (CF) is outside hitter*

- ❖ *Potential is if #9 moves behind #3 or if they cross #5*

Slide 27 Receiving Team (#5-6)

- ❖ *Concentrate on Left Front Corner*

Slide 28 Loss of Rally #11 Serves - #12 Replaces Libero

- ❖ *#11 Goes to Serve*
- ❖ *#12 Replaces Libero in CB*
- ❖ *At point of serve #3 & #5 will switch - only real potential for alignment issues.*

Slide 29 #11 Serves (#5-7)

- ❖ *#11 Goes back to serve (RB)*
- ❖ *#12 Replaces Libero (MB)*

Slide 30 Loss of Rally – Receiving – Libero replaces #11

- ❖ *Libero Replaces #11 in RB Position*
- ❖ *Only potential for illegal alignment in front row*

Slide 31 Receiving Team (#5-8)

- ❖ *At loss of rally, the Libero replaces #11 (RB)*

Slide 32 Loss of Rally #4 Serving (#4 subs for #5)

- ❖ *#4 Subs for #5 and goes back to serve*
- ❖ *Only potential for IA is if #3 moves early*

Slide 33 #4 Serves (#5-9)

- ❖ *#5 is subbed out for #4*
- ❖ *#4 goes back to serve*

Slide 34 Loss of Rally - Receiving

- ❖ *Illegal Alignment Potential*
- ❖ *If #3 moves early (#10 moves to outside hitter)*
- ❖ *If #12 LB moves forward or to her right*
- ❖ *If #4 moves up or #9 moves back*
- ❖ *If #10 (LF) lined up in the back row crosses with #3 (CF) lined up in the front row*

Slide 35 Receiving Team (#5-10)

- ❖ *#12 is hidden in the middle back leaving #10 (Front Row) & Libero (CB) to be main receiving players.*
- ❖ *#4 (RB) is playing up.*
- ❖ *Be sure everyone is in the court boundaries.*

Slide 36 Loss of Rally – Libero goes back to serve, #11 replaces #9

- ❖ *The Libero #2 goes back to serve.*
- ❖ *#11 replaces #9*
- ❖ *#11 goes to LB position where L was, L goes to serve instead of #9 (phantom replacement)*
- ❖ *In the book it will show “L” for #9 as the final entry*

- ❖ *Potential Illegal Alignments:*
- ❖ *#10 moving too early*
- ❖ *#11 moving too early*

Slide 37 The Libero Serves (#5-11)

- ❖ *The Libero #2 goes back to serve.*
- ❖ *#11 replaces #9*
- ❖ *#11 goes to LB position where L was, L goes to serve instead of #9 (phantom replacement)*
- ❖ *In the book it will show "L" for #9 as the final entry*

Slide 38 Loss of Rally - Receiving

- ❖ *This has the most potential for illegal alignment of all the rotations if anyone moves too early.*
- ❖ *Back row players*
- ❖ *Front row players*
- ❖ *CF & CB*

Slide 39 Receiving Team (#5-12)

Slide 40 Alignment 301

Slide 41 – 82 Variations on Alignments for a 5-1