

OREGON SCHOOL ACTIVITIES ASSOCIATION

Volleyball SRI Bulletin / August 14, 2017

Visit the Dates/Resources tab on the volleyball page of the OSAA website for valuable information and assistance tools. Link here: <http://www.osaa.org/activities/vbl/information>

COACHES & OFFICIALS NFHS RULE INFORMATION

New NFHS Rules:

Rule 5-5-3b, 5-4-3c, 5-8-3a The R2 will double tweet a warning at 45 seconds (on a 60 second time-out) and at 2:45 between sets (4:45 if intermission is used). The audio horn will not sound until the time-out is over or the next set is ready to begin. All time-outs are officially ended with a horn it will no longer be used as a warning device.

Rule 9-8-2 A replay is considered to be a part of a single play action and will be administered just like a reserve has been in the past. Once a replay has been called no requests (time-out, service order, etc.) may be requested.

All other new rules are specifically for the official and on page 2 of the Volleyball Rules Book.

NFHS Rule Reminders:

1. Rule 9-6-7 Net Play
 - A player may not contact any part of the net. The only exceptions are when loose hair touches the net, or the force of the ball pushes the net into a player.
2. Rule 12-2-5 & 12-2-7 Assistant Coaches & Bench Conduct
 - **Assistant Coaches shall remain seated** during a set with these exceptions:
 - Ask the R2 (during a dead ball) to review accuracy of the score, verify the number of time-outs used, request serving order of own team, and/or verify opponent's proper server,
 - Stand to greet a replaced player,
 - Confer with players during time-outs,
 - Spontaneously react to an outstanding play by their own team,
 - Attend to an injured player with permission from the referee.
 - **Players on the bench shall remain seated** during a set with these exceptions:
 - Spontaneously react to an outstanding play by their own team,
 - Go to a non-playable area to warm-up (as long as they are entering into the set on the next rotation),
 - Stand to greet a replaced player,
 - *The same applies to tournaments and jamborees. Please be sure chairs or bench space is provided for all team members.*
3. Rule 8-1-1 Serve
 - In NFHS the ball must be contacted within **five seconds**, after the R1's whistle and signal to serve.
4. Rule 10-3 Substitutions
 - NFHS allows for 18 substitutions per set.
5. Rule 10-4 Libero
 - There is only **one libero** used per set in NFHS. If you have a second libero in uniform on the bench, they must have their jersey covered up.
6. Please be respectful of those hosting tournaments. Give a school plenty of advanced warning if our school cannot attend a tournament. Not showing up for a tournament creates problems for both the host school and the officials.

7. Uniform & Equipment Reminders:

- Rule 4-2-1e A single manufacturer's logo may be on the spandex, no more than 2 ¼ x 2 ¼. Spandex with multiple logos on the waistband are illegal.
- Rule 4-7 Removal of any part of the uniform while in the playing area is considered unsporting conduct. The conduct card will be issued to the coach at the start of the next set or match.
- **Jewelry is not allowed in warm-ups or competition.** "If you weren't born with it, it is jewelry." Jewelry may not be taped over; it must be removed. This includes fishing line, plastic plugs, etc.

Best of luck to all as we start the 2017 volleyball season. As always, if you have game film you can send me for training purposes please contact me at the email below to make arrangements. Thank you!

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